## SUMMER INTENSIVE

Cindy's Dance Studio

## SCHEDULE 2017

JULY						
5	M	Т	W	Th	F	5
·						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

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## \$145 Intermediate Intensive-July 17<sup>th</sup>-21<sup>st</sup> 9:00am-4pm

- -One week of an introduction to conditioning with an intense stretching & strengthening, followed by fine tuning the technique needed to perform leaps, turns & various skills, Also introducing Guest choreographers each day in Contemporary, Lyrical & Jazz
  - ~Dress code preferred formfitting attire to enhance lines of choreography (per instructors preference)
  - ~Please BRING Water, LUNCH & Snacks each day
  - ~Early Drop off/ Late Pick up available upon request

## \$165 Advanced Intensive-July 17th-21st 8am-4pm

- -One week of intense conditioning (beginning each morning with a workout ~wear your sneakers in the am), then continuing to the studio for stretching & strengthening, followed by the fine tuning the technique needed to perform leaps, turns & various skills and styles of dance, Finishing with different Guest choreographers each day in Contemporary, Lyrical, & Jazz
  - ~Dress code preferred formfitting attire to enhance lines of choreography (per instructors preference)
  - ~Please BRING Water, LUNCH & Snacks each day
  - ~Early Drop off/ Late Pick up available upon request

For more info...

www.dancewithcindy.com

407-324-3999